

Gortnahoe N.S.

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Dear Parent/s,

Please note from January to June the more sensitive lessons of the R.S.E. programme will be covered by all class teachers from Junior Infants to 6th class. Please see below, a summary of the whole school plan for R.S.E., which covers the content and language taught. Parents have the right to withdraw their child from R.S.E. lessons, on the understanding that parents will take full responsibility for this aspect of their child's education themselves. It will be the responsibility of the parent/s to inform the school in writing of a decision to withdraw a pupil, immediately. However, if a pupil is withdrawn, the school cannot guarantee that other pupils will not inform the pupil in question of the content of the lesson(s), or that teachers or pupils will not refer to or revise aspects of the lesson as necessary during subsequent days/weeks. For the full version of our R.S.E. school policy please visit our school website at www.gortnaoens.ie

Also on our school website under the parent's zone, there are **R.S.E. and Stay Safe Home School Links** which give more helpful information for each class level on the information covered in each R.S.E. topic.

Also on our website under the Curriculum section and SPHE, you will find extra information, resources and links to other useful websites.

The H.S.E. have some more resources available on www.healthpromotion.ie regarding the Busy Bodies Adolescent Development Programme and "Talking to your child about relationships, sexuality and growing up".

If you require any further information, please do not hesitate to contact me or the class teacher.

Yours sincerely,
David O'Dwyer

Class Level	Strand Strand Unit	Content Objectives	RSE Language to teach at class level	Resources	Methodology
Junior/ Senior Infants	Taking Care of My Body	...name parts of the male and female, using appropriate anatomical terms	Junior & Senior Infants Term “chest” to identify upper body in boys and girls Terms “penis” and “vagina” will be taught as the obvious physical difference between boy and girl.	RSE Teacher BK – SNF Theme 7 – My Body Pg 147 – 156 (P150*)	“Bathing the Baby Doll” Using anatomically correct male and female dolls with toy bath and bathing equipment i.e. water, soap, brush, cloth, sids etc.
	Growing and Changing	...develop an awareness of human birth that a baby grows and is nurtured in the mother’s womb until ready to be born.	Term “mammy’s womb will be taught as a special place where a baby grows until born. Term “breastfeeding” may be used as a means of feeding the baby.	RSE Teacher BK – SNF Theme 7 – Caring for New Life pg 137 -145	Story: Conor’s New Baby Sister or Arrange Visit of Mother & Baby to Class
1 st & 2 nd Class	Taking Care of My Body	...name parts of the male and female, using appropriate anatomical terms, and identify some of their functions. *Refer to function of organs i.e. lungs, stomach, kidneys etc.	1st & 2nd Class: Revise: term “chest” to identify upper body in boys and girls. 1st & 2nd Class: Revise: terms “penis” and “vagina” will be taught as the obvious difference between boy and girl. 1st Class: Introduce term “urine” to explain that which is released by the kidneys when going to the toilet (boys and girls) 2nd Class: Introduce term “urethra” in girls and “penis” in boys for passing urine. *NOTE: the function of the male and female reproductive system will not be referenced.	RSE Teacher BK – SNF Theme 7 My Body pg 135 RSE Teacher BK – 1 st Theme 7 How My Body Works pg. 70&71 RSE Teacher BK – 2 nd Theme 7 – When My Body Needs Special Care pg. 166 & 167	“At the Seaside Picture” with questions from RSE Teacher BK P. 153 Game – I Spy to Identify Senese & Lesson Food We Eat Lesson: How Our Bodies Work
	Growing and Changing	...appreciate what is necessary in order to provide and care for new born babies in both the animal and human world.	1st Class: Revise term “womb” as the special place where baby grows until born.	RSE Teacher BK – 1 st Theme 6 – The Wonder of New Life pg. 61 & 69	Visit of pet animal to the class or use pictures of animals.

1 st & 2 nd Class			2 nd class: teach that the baby is in the womb for 9 months and may be breast fed or bottle fed when born.	RSE Teacher BK – 2 nd – Theme 6 - The Wonder of New Life pg 153 & 154	2 nd class: Minding Babies Lesson
3 rd & 4 th Class	Taking Care of My Body	...understand the physical changes taking place in both the male and female body.	3 rd Class: Introduce terms “hormones” chemicals which move around your body and cells pg. 98 4 th Class: Introduce term “Menstruation” using amended text pg.199 NOTE: Menstruation will be explained in detail in 5th Class	RSE Teacher BK – 3 rd Theme 8 – As I Grow I Change pg. 93-101 RSE Teacher BK – 4 th Theme 8 – Growing and Changing pg. 195-205	Information Lesson: Growing-Up pg.97-98 The Growing and Changes I have Done. Worksheet pg. 96-96 Class Round: Stages of Ages pg. 99 RSE Teacher BK Information Lesson: Growing Up pg. 198-199
	Growing and Changing	...recognise and discuss how feelings and emotions are affected by the physical changes that take place at puberty* ...discuss the stages and sequence of development of the human baby, from conception to birth*	3 rd Class: Revise term “womb” pg.73 Introduce terms “umbilical cord” and “navel”/ belly button” pg. 73 4 th Class: Revise term “womb” Introduce terms “egg” “lining” (womb), “read to be born”	RSE Teacher BK – 3 rd Theme 6 – Preparing for New Life pg. 69-79 RSE Teacher BK – 4 th Theme 6 – The Wonder of New Life pg. 170 – 181 Sequence Activity Cards	RSE Teacher BK 3rd Class Information Lesson: Caring fro Baby pg. 73 RSE Teacher BK 4th Class Information Lesson: Someone Special pg.171 “A New Life Time -Line” Pg. 172 -178 (Sequence Activity)
5 th & 6 th Class	Taking Care of My Body	Identify and discuss the physical and other changes that occur in boys and girls with the onset of puberty and understand that these take place at different rates for everyone Understand the reproductive system of both male and female adults.	5th & 6th Class Language to be taught to boys & girls: Puberty, Ovaries – Ovum, Fallopian Tube Womb/ uterus, Cervix, Menstruation Puberty, Penis, Testicle, Scrotum, Sperm, Erection, Wet Dreams	RSE Teacher BK – 5 th Theme 6 – My Body Grows and Changes pg. 84 – 89 RSE Teacher BK – 5 th Theme 6 – My Body Grows and Changes pgs. 85-88	RSE Teacher BK – 5th Information Lesson: pg. 84 My Body Grows and Changes “Busy Bodies DVD” with questions from RSE Teacher BK pg. 91

5 th & 6 th Class				Busy Bodies Adolescent Development Programme	
	Growing and Changing	<p>...understand sexual intercourse, conception and birth within the context of a committed, loving relationship</p> <p>...discuss and explore the responsibilities involved in being a parent and the emotional and physical maturity required to be a parent.</p> <p>Discuss the stages and sequence of the human baby in the womb.</p>	<p>5th & 6th Class Language to be taught to boys & girls:</p> <p>Sexual Intercourse, Conception, Ovum Fallopian Tubes</p> <p>NOTE: Discussed in the context of a committed and loving relationship.</p> <p>5th Class Content: Revise term umbilical cord * (p.107)</p> <p>6th class Content</p>	<p>RSE Teacher BK – 5th Theme 7 – The Wonder of New Life pg. 95 & 96</p> <p>RSE Teacher BK. – 5th Theme 7 – The Wonder of New Life pg. 95, 97-98</p> <p>RSE Teacher BK – 6th Theme 8 – A Baby is a Miracle pg. 212</p> <p>RSE Teacher BK – 5th Theme 8 – Caring for New Life pg. 106-110</p> <p>RSE Teacher BK – 6th Theme 8 - A Baby is a Miracle pg. 213 – 215</p> <p>Busy Bodies Adolescent Development Programme</p>	<p>Information Lesson: The Wonder of New Life RSE Teacher BK – 5th pg. 95-96</p> <p>Story: Michael’s Birth Day” with questions from RSE TCH BK 5th pg. 97</p> <p>RSE Teacher BK – 6th “A Baby is a Miracle” pg. 212</p> <p>RSE Teacher BK – 5th *worksheet P 106</p> <p>*Information Lesson: pg. 107</p> <p>Story: “Michael’s First Year” from RSE Teacher BK pg. 109</p> <p>RSE Teacher BK – 6th *Let’s Talk: Changes a Baby Brings to Parents p. 213-214</p> <p>*Let’s go shopping: Babies’ Expenses pg. 215</p>